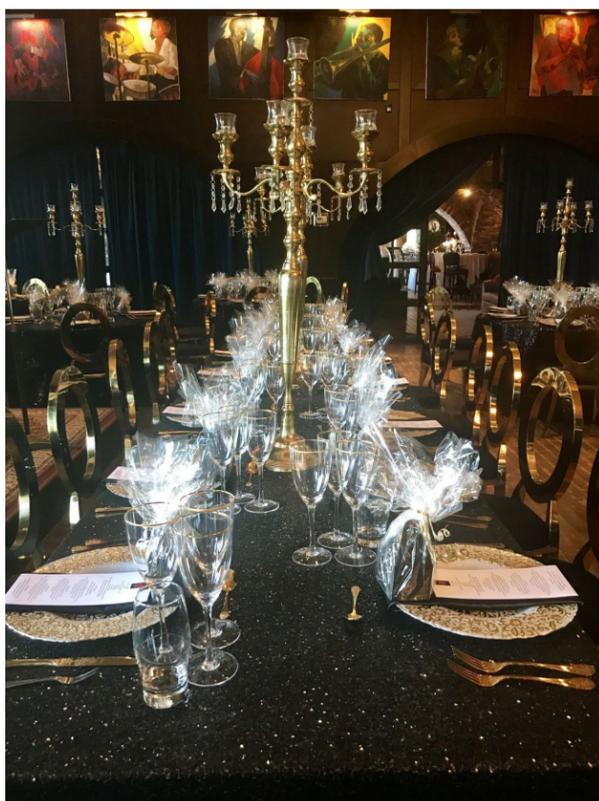


LGHF raises funds for mental health at 40 Westt

By Maria Hinoporos

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On October 18th, the Blue Room of Pointe-Claire's 40 Westt was filled with guests attending its second annual fundraiser for the Lakeshore General Hospital Foundation.

The restaurant raised a total of \$45,000 towards the mental health unit at the LGH.

"I'm so honored and proud to be surrounded by people who want to help," said co-owner John Leonis as he welcomed guests who paid \$600 per ticket which included a gastronomic dinner with wine pairing.

"The owners have been very good to us. They cover all the cost from the decor to the print material, the food, the service, the wine and 100% of all the proceeds come to the Lakeshore foundation," explained Managing Director of the Lakeshore Foundation Heather Holmes.

Last year's event attracted 40 people while this year, over 80 were in attendance. The raised funds will help build a new unit with renovated patient rooms and equipment.

Vice-president of Groupe Gabriel Pierre Mamarbachi donates to several charities throughout the year. "When it comes to mental health, most people don't even know they have a problem which is why fundraisers like these are so important. They help raise awareness," he said.

Sponsors included event planners "le chat et le lion", stationary designers "Signature Invitation", gift bags from Mary Kay Cosmetics and wines by Wagner Family wines, Copper Cane and Caymus.

"I'm happy to help and happy to give back. Everyone has been so generous, it's truly remarkable to see all our clients and sponsors come together as mental illnesses affect so many around us," said 40 Westt's Sales Director and co-owner of "le chat et le lion" Nia Angeles.



40 Westt has been involved in fundraisers for 13 years and throughout its lifetime has gained loyal supporters and patrons.

"It's my favourite restaurant and this fundraiser is for a great cause. The work the unit does is amazing and I'm proud to support it," said President of National Criminal Investigation Service Terry Corcoran.

Next year, the restaurant hopes to raise \$70,000 for the Lakeshore Foundation.